

This page provides only a partial listing of agencies, services, and programs available throughout the greater Edmonton area. If you are looking for information you can't find here, call the Support Network's Community Referral Line at 211 or go to website [www.informedmonton.com/app/home.asp](http://www.informedmonton.com/app/home.asp)

## Places to Stay

Agency	Services	Location	Phone Number
Women's Emergency Accommodation Centre (WEAC) <a href="http://www.ecccc.org">www.ecccc.org</a>	Provides free food, clothing, and short-term emergency housing for women and transgenders 18 yrs. and up.	9611 101 A Ave  Open 24 hours	423-5302
George Spady Centre	Overnight accommodation ONLY for men and women intoxicated or strung out. 3 beds are available for women.	10015 105 A Ave  Open 24 hours	424-8335
Hope Mission Women and Family Centre	Short-term accommodation and meals for women with or without children. One floor reserved for long-term accommodation for women leaving jail.  Offers free overnight accommodations ONLY through the MAT program. Client must come in at 10:30 PM and leave at 6:30 AM. Mat and breakfast are provided.	9908 106 Ave  10336 - 114 St.	453-3412  24 Hours
WIN House	Short-term accommodation for women leaving an abusive situation with or without children.  Food, Emergency Clothing, and Support provided. Maximum 3- week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.	479-0058  24 Hours
Lurana Shelter	Short-term accommodation for women leaving an abusive situation with or without children.  Maximum 3-week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.	424-5875  24 hours
A Safe Place	Short-term accommodation for women leaving an abusive situation with or without children.  Maximum 3-week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.  Located in Sherwood Park.	464-7233 Toll-free: 1-877-252-7233  24 hours
Elizabeth House	Short-term, Second Stage housing for homeless women without children who are actively looking for work.  Maximum stay of 2.5 months.	Client must be referred through WEAC.	378-0611

La Salle Residence	Long-term, Second Stage accommodations for single expectant mothers, single mothers with young children, or abused women.  Maximum stay of up to 1 year.	Located Downtown.  Client must be referred through a women's shelter or an organization.	482-2190
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## Places to Eat or get Food

Agency	Services	Location	Phone Number
Marian Centre	Hot Meals: Mon, Tues, Thu and Sat at 12:30 PM.  Bag Lunches: Fri & Sun at 12:30 - 1:15 PM.	10528 98 St  Please Note: Agency is closed 3-5 days at the end of each month.	424-3544
Mustard Seed Street Church	Dinner: Mon to Fri at 7 PM and Sat at 5 PM  Emergency Food Bank on Tues and Thu at 1 PM.	10635 96 St	426-5600
Bissell Centre	Sandwiches at 10:30am Mon to Fri Lunch for women only (no kids) 12noon Tues and Fri Every 3rd Tues (except Dec) Hot Supper at 6:30 PM	10527 96 St  10530 96 St.	423-2285
Red Road Healing Society	Soup and bannock every Fri at 12-1:00 PM	4225 118 Ave	471-3220
Edmonton Food Bank	Emergency food hampers.	11508 120 St	425-4190
Canadian Native Friendship Centre	Soup and Bannock every Fri at 12 noon	11205 101 St	479-1999
Salvation Army	Back Door Program: Give out extra food on Mon, Tues, Thu at 1-1:30 PM behind the building. First come, first serve basis.  Food Hampers: Mon-Thu 9-11 AM; 1-3 PM. Need to bring photo I.D. and Alberta Health Care card to pick up hampers.  Breakfast: Fri 7:15am - 8:30am  Need a copy of rent receipt and verification of income to register for a hamper. Restricted to a hamper once every three months.	9620 101 A Ave	424-9222

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## Places to Get Clothes or other Household Items

Agency	Services	Location	Phone Number
Elizabeth Fry Society	Free clothing for women who have come in contact with the legal system.	10523 100 Ave.  Hours: Thurs. 1pm to 4pm  Fri. 9am to noon	421-1175
Women's Emergency Accommodation Centre (WEAC)	Emergency clothing for women who are staying at the shelter.	9611 101 A Ave	423-5302
River of Life Church	Provides a clothing exchange. Please bring picture I.D.	11368 95 St  Mon-Fri at 9:00am - 3:00 PM  Call first.	479-6762
Bissell Centre	Emergency free clothing and low-priced clothing, furniture and household goods.	10527 96 St  T. E. Bissell's Thrift Shoppe (Two Locations): 8818 118 Ave 9232 34 Ave	423-2285  471-6644 440-1883
Edmonton Emergency Relief Services	Free to fire victims/referrals from WEAC. Low-cost clothing, furniture, and household items, including maternity clothes.  Do not give out toiletries, jeans, or dishes.	10255 104 St  Tues to Fri at 9:00am - 3:00 PM,  Sat at 10:00am to 3:00 PM	428-4422
CANDORA Society	Free or trade-in clothing for women, men, and children.  Can take up to two bags full ONLY.	248 Abbottsfield Mall (3210 118 Ave)  Hours: Mon-Thurs 8:30am - 4:00pm; Fri at 8:30am - 1:30pm	474-5011
I.O.D.E. Shoppe	Low cost clothing and household items.	8941 82 Ave  Hours: Tues at 10am-4 PM, Wed-Sat at 12 (noon) - 4:00pm	466-4241

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## Getting Around

Agency	Services	Location	Phone Number
Unity Centre of Northeast Edmonton	Free bus tickets once a month.	101, 14530 72 St	478-6521
Elizabeth Fry Society	Bus tickets for court and emergencies as available.	Court Office 4th Floor, Provincial Court Bldg	422-4775
Neighbour Link Edmonton Region <a href="http://www.neighbourlinkedmonton.org">www.neighbourlinkedmonton.org</a>	Connects you with someone who can give local rides to appointments  Please Note: 3 days notice is required.		448-0924
Edmonton Transit System (ETS)			General Info: 496-1611  BusLink: 496-1600  DATS: 496-4570

## Places to get Counselling/Support

Agency	Services	Location	Phone Number
Elizabeth Fry Society	Free one-on-one or group support for women in conflict with the law. Drop-in or by appointment.	10523- 100 Ave.  Tues & Thurs 1-4 PM, Wed 9- 12 noon, Fri 9am- 3pm (Closed from noon -1pm)	421-1175
The Support Network	Free walk-in single session counselling; 24hour distress line.	301, 11456 Jasper Ave	482-4357 (HELP)
YWCA Counselling Services <a href="http://www.ywcaofedmonton.org">www.ywcaofedmonton.org</a>	Individual, couple, family, or group counselling on a sliding scale based on income. Specialize in bereavement counselling and counselling for abused women.	100, 10350 124 St	423-9922
The Family Centre <a href="http://www.the-family-centre.com">www.the-family-centre.com</a>	Family, couple, individual or group counselling. Fees vary. Offer sliding scale options for those who qualify.	20, 9912 106 St	423-2831
The Sexual Assault Centre	Individual or group counselling; 24hr crisis line.	205, 14964 121 A Ave	423-4121

of Edmonton <a href="http://www.sace.ab.ca">www.sace.ab.ca</a>			24 Hours
Aboriginal Consulting Services Association	Provides Aboriginal-specific support services. Offers family and individual counselling and support in family violence situations.	204, 10010 105 St	448-0378
Jewish Family Services	Offers individual, couple, and family counselling.  Provides support for death, dying, and bereavement issues. Call 454-1231.	502, 10339 124 St	454-1194

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## Places to Meet People

Agency	Services	Location	Phone Number
Elizabeth Fry Society	Resources Centre where you can have coffee, use a free phone and meet other women.	10523 100 Ave  Mon-Fri at 9am - 12 (noon); Thurs at 1pm - 4pm; Fri at 1pm - 3pm (CLOSED WedPM)	421-1175
Boyle Street Co-op	Drop in Centre where you can meet people; also a job search centre.	10116 105 Ave  Hours: 8:30 - 4:30 PM, Mon-Fri	424-4106
Canadian Native Friendship Centre	Numerous programs, services, and cultural events and activities.	11205 101 St	479-1999
Mustard Seed Street Church	Coffee Drop-In.	10635 96 St  Hours: 9-3 PM, Mon to Fri	426-5600

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## Places to Get Healthcare

Agency	Services	Location	Phone Number
Boyle McCauley Health Centre	Health care even if you don't have Alberta Health coverage; Dental care.	10628 96 St Appointment or drop-in.  Hours: 9-9 PM, Mon-Thu; 9-4:30 PM, Fri; 9-12:30 PM, Sat	422-7333

Capital Health Services	Operates all public health services in the Capital region.		Info Line 407-1010
Alberta Health Care <a href="http://www.health.gov.ab.ca">www.health.gov.ab.ca</a>	Inquiries about health care, getting a card, etc.	Main Floor 10025 Jasper Ave	427-1432
Mental Health Services	Individual and group psychotherapy; assessment and treatment services.	5th Flr, 9942 108 St	427-4444
Health Link	Information and assistance on services, program, and care in Edmonton and St. Albert.		408-5465
Emergency Dental Service	Offers extended hours for dental services at standard dental fees.	14938 Stony Plain Road  Hours: 8-10 PM, Mon-Fri; 9-4 PM, Sat and Sun	483-7079

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## Places to Get Help with your Kids

Agency	Services	Location	Phone Number
The Family Centre <a href="http://www.the-family-centre.com">www.the-family-centre.com</a>	Family and individual counselling, in-home parent support, groups for adults and children.	20, 9912 106 St	423-2831
Bissell Centre	Drop-in, free child care.	10527 96 St	429-4126
Big Brothers and Big Sisters Society <a href="http://www.bsbb.org">www.bsbb.org</a>	Offers a Mentoring program that matches kids ages 6-16 with adult mentors.	10135 89 St	424-8181
Boys' and Girls' Club of Edmonton <a href="http://www.boysandgirls.ab.ca">www.boysandgirls.ab.ca</a>	After school drop-in centres for kids ages 6-17.	Clubs all over the city, call for the one nearest you.	422-6038
Ben Calf Robe Society	In home family support for families involved with Child Welfare.	12046 77 St	477-6648
Child & Family Services Authority	Can enter into voluntary agreement with families to provide in-home support or temporarily remove children from the home.	Office locations vary.	Crisis Unit/Intake: 422-2001  Emergency After Hours: 427-3390  Child Abuse

			Hotline: 1-800-387-KIDS
Kids Help Line			1-800-668-6868
Kid's Kottage	Crisis Nursery: Allows parents in time of crisis to bring their children (newborn - 10 yrs), to be taken care of from a max. stay of 3 days.  Parents must be able to bring their children and pick them up.	10107 134 Ave	24 Hour Crisis Line/Intake: 944-2888

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## Places to get Legal/other Advice

Agency	Services	Location	Phone Number
Legal Aid Society of Alberta <a href="http://www.legalaid.ab.ca">www.legalaid.ab.ca</a>	Offers legal aid in criminal and civil cases to those who qualify; operates a duty counsel in Criminal and Youth Provincial Court.	300, 10320 102 Ave	427-7575
Student Legal Services	Free legal information for those who can't afford it.	Main Office: 11011 88 Ave  Criminal Division: 203, 9924 106 St	Main Office: 492-2226 Criminal: 425-3356
Legal Family Crisis Clinic	Full legal service on family matters; legal aid and private clients.	10587 108 St	421-1999
Lawyer Referral Line	Allows a free half hour consultation with one of three lawyers in the area.		1-800-661-1095
Family Court Services	Assists with custody and legal issues through the provincial courts.  Please Note: Do Not provide legal advice.	8th Floor, 10365 97 St	427-8343
Elizabeth Fry Society Court Office	Support and Information on the Court Process.	4th Floor, Provincial Courthouse Bldg.	422-4775
Edmonton Centre for Equal Justice <a href="http://www.ecej.ca">www.ecej.ca</a>	Assist in Landlord & Tenant, Employment, Small Claims, Income Support Issues, Debt, Human Rights and Immigration.  Call and ask to speak with an intake coordinator.	900, 10025 106 St	702-1725
Office of the Ombudsman <a href="http://www.ombudsman.ab.ca">www.ombudsman.ab.ca</a>	The Alberta Ombudsman determines administrative fairness. We respond to complaints of unfair treatment by provincial government authorities and some professional organizations.	28th Floor, 10303 Jasper Ave	427-2756

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## Resources for Abused Women

<b>Agency</b>	<b>Services</b>	<b>Location</b>	<b>Phone Number</b>
Family Violence Prevention Centre	Assists with moving, storing, or providing furniture to families leaving abusive homes; outreach workers; Assists in getting Restraining Orders (PROP).	101, 10010 105 St	423-1635
Sexual Assault Centre of Edmonton	24hr Crisis Line; Individual and group counselling for survivors of sexual assault.	205, 14964 121 A Ave	423-4102 423-4121 (24hr)
WIN House	Short-term accommodation for women leaving an abusive situation with or without children.  Food, Emergency Clothing, and Support provided. Maximum 3- week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.	479-0058  24 Hours
Lurana Shelter	Short-term accommodation for women leaving an abusive situation with or without children.  Maximum 3-week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.	424-5875  24 Hours
A Safe Place	Short-term accommodation for women leaving an abusive situation with or without children.  Maximum 3-week stay.	Call to see if they have space. If you're accepted they'll send a cab for you.	464-7233 (24hr)  Toll-Free: 1-877-252-7233

